

# Gelare Irish Mocha Chocolate Chip

## Nutrition Facts

Serving Size 1/2 cup (75g)

Servings Per Container 1

### Amount Per Serving

**Calories** 200      Calories from Fat 120

**% Daily Value\***

**Total Fat** 13g      **20%**

Saturated Fat 9g      **45%**

*Trans* Fat 0g

**Cholesterol** 50mg      **17%**

**Sodium** 30mg      **1%**

**Total Carbohydrate** 20g      **7%**

Dietary Fiber < 1g      **3%**

Sugars 16g

**Protein** 2g

Vitamin A 8%      •      Vitamin C 0%

Calcium 6%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**Ingredients:** Whole Milk, Cream, Sugar, Filtered Water, Chocolate Chunks (Sugar, Coconut Oil, Cocoa Powder processed with Alkali, Cocoa Powder, Milkfat, Soy Lecithin [emulsifier], Natural Vanilla Extract, Natural Flavor), Semi-Sweet Chocolate (Sugar, Chocolate Liquor [cocoa paste], Cocoa Butter, Butter Oil, Soy Lecithin [emulsifier], Vanillin [artificial flavor]), Non-Fat Dry Milk, Corn Syrup Solids, Egg Yolks (Egg Yolks, Sugar), Natural Irish Cream Flavoring, Maltodextrin, Cocoa processed with Alkali, Cocoa Liquor [cocoa paste], Stabilizers (Guar Gum and Carrageenan).

**CONTAINS:** Milk, Egg, Soy, Coconut [tree nut]